Adult Women's Blood Mercury Concentrations Vary Regionally in USA: Association with Patterns of Fish Consumption (NHANES 1999-2004)

(Supplemental Material)

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Supplemental Material

U.S. EPA's Reference Dose for Methylmercury and Associated Blood Mercury Concentrations

A reference dose (RfD) is defined as "an estimate of daily exposure to the human population (including sensitive subgroups) that is likely to be without appreciable risk of deleterious effects during a lifetime" (Rice, 2004). The current RfD for methylmercury was developed in 2000 [see U.S. EPA's Water Quality Criteria (U.S. EPA 2008)]. These doses drew upon recommendations from the National Academy of Science/National Research Council's Committee of Toxicology of Methylmercury (NAS/NRC 2000). The dose-estimate was developed using benchmark dose methodology (Rice et al. 2003; Rice 2004; U.S. EPA June 2008; U.S. EPA Jan 2008). The U.S. EPA-derived Benchmark Dose Lower Limit (BMDL) was based on endpoints estimating child development in three epidemiological studies that assessed the association between in utero exposure to methylmercury and developmental outcomes: the Faroe Islands (Grandjean et al. 1997), the Seychelles Islands (Davidson et al. 1995 and 1998; Myers et al. 1995 and 1997), and New Zealand (Kjellstrom et al. 1986 and 1989). The RfD for methylmercury is 0.1 µg/kgbw /day and the BMDL is 1.0 µg/kgbw /day.

The BMDL of 1.0 µg/kgbw /day was associated with a cord BHg concentration of 58 µg/L. An Uncertainty Factor (UF) of 10 was applied to the BMDL to derive the RfD of 0.1 µg/kg bw /day. This overall UF included a factor of 3 for variability in the maternal elimination half-life and a factor of 3 for pharmacodynamic variability (Rice 2004; Rice et al. 2003). In this calculation, U.S. EPA, as well as the NAS/NRC Committee on the Toxicology of Methylmercury (NAS/NRC 2000) assumed a one:one

ratio of fetal cord BHg concentration compared to maternal BHg concentration. Subsequently Stern and Smith (2003) performed a Monte Carlo analysis of 10 published studies that estimated the ratio of cord blood to maternal blood as 1.6 to 1.8, with the 95th percentile being over 3.0. Additional post-2003 epidemiological observations support this finding (Sakamoto et al. 2004; Morrissette et al. 2004; Butler Walker et al. 2006).

Applying the UF of 10 to the BHg concentration associated with the BMDL (i.e., 58 µg Hg/L of whole cord blood) results in a cord whole BHg concentration of 5.8 µg Hg/L associated with exposures at the RfD. Because of the subsequent (i.e., post-2000) recognition of placental concentration of methylmercury (meaning that maternal BHg concentrations are lower than cord BHg concentrations), a BHg concentration in the range of ~ 3.5 µg/L whole maternal blood was considered to be associated with methylmercury exposures at the RfD. This is well reflected in Table 2 of the IRIS document (U.S. EPA Jan 2008) which indicates that the BMDL and the corresponding RfD calculated are based on a one-compartment model. The formula for the onecompartment model for converting exposure of the fetus based on daily methylmercury ingested by the mother does not include a factor for cord blood to maternal blood differences. The text of the IRIS web site states: "EPA has chosen not to make a numerical adjustment between cord-blood and maternal-BHg. At this time the relationship between cord-blood and maternal-BHg is considered subject to variability and uncertainty, and is to be included in the determination of the uncertainty factor (UF)." Unfortunately the text (U.S. EPA Jan 2008) is not clear that this is to be done in the future. The text of the IRIS web site (U.S. EPA Jan 2008)) states: "The two major phenomena included in the intraspecies UF for methylmercury were interindividual

toxicokinetic variability in ingested dose estimation and pharmacodynamic variability and uncertainty. For the former, EPA relied in part on the NRC analyses of variability in the pharmacokinetic factors underlying the conversion of a biomarker level of methylmercury to an ingested daily dose of methylmercury that corresponds to that level. EPA chose not to make a numerical adjustment in the dose conversion for the potential differences between cord- and maternal-BHg levels, but rather to consider them additional aspects of toxicokinetic variability and uncertainty."

The UF of 10 reflects the pre-2000 understanding of variability and uncertainty associated with methylmercury exposure and toxicity. There are multiple views of the size of this UF including the recommendation that methylmercury should be treated like inorganic lead with no level considered without adverse effects (U.S. EPA Jan 2008). The 2000 BMDL for methylmercury is an effect level in which there is a doubling of the likelihood that a child's scores of various tests of neurobehavioral function fall into the clinically subnormal range. Nonetheless, early reports (i.e., nearer 2000) of the NHANES BHg data for adult women (Schober et al. 2003) utilized $5.8 \,\mu g/L$ as the woman's BHg concentration reflecting the cord BHg associated with the RfD. Subsequent recognition of the placental concentration of methylmercury suggested that a lower mercury concentration is more appropriate when describing women's BHg concentrations associated with the RfD.

Additional risk assessments and guidelines exist for methylmercury exposures (summarized by Mergler et al. 2007). The NAS/NRC of U.S. (2000), the U.S. EPA (Jan 2008), and JECFA (2003) utilized a benchmark dose approach to establish risk levels.

However, these assessments differ in their choice of study/studies on which to base the assessment, the biomarker of exposure, and the magnitude of the UF. The NAS/NRC (2000), U.S. EPA (2001), Canada (Health Canada 2007), and the European Union (EU 2002) based their analyses on cord blood, whereas, the JECFA utilized maternal hair.

The JECFA committee considered that a maternal hair mercury concentration of > 14 ppm was associated with neurotoxicity associated with in utero exposure to methylmercury (pg 20, JECFA 2003). Then JECFA using a hair: blood ratio of 250 calculated maternal BHg of 56 µg/L to be without appreciable adverse effect. The JECFA Provisional Weekly Tolerable Intake (PTWI) would be associated with an associated with a BHg concentration of ~ 8.6 µg/L among adult women. The committee calculated a total UF of 6.4 to derive a PTWI of 1.6 µg/kgbw which if calculated on a daily basis becomes 0.23 µg/kgbw/day. The Joint FAO/WHO Expert Committee on Food Additives (2003) assessment, like the NAS/NRC (2000) and the U.S. EPA (2001) assessments did not specifically consider bioconcentration of methylmercury by the placenta and no changes in methylmercury excretion related to recently identified differences in genetic variability.

A major aspect of uncertainty is that all of the metabolic and kinetic differences cannot be anticipated that will be subsequently identified as important. Examples of this can be seen in the reports of genetic differences among humans in mercury excretion that were published after 2000 (Custodio et al. 2004; Engström et al. 2008). Consequently both of the BHg concentrations, 3.5µg/L and 5.8 µg/L have been utilized in the current manuscript as BHg concentrations of interest. As more is learned about factors that

influence distribution of methylmercury from mother to fetus and/or effects of methylmercury, the BMDL and the associated BHg concentations may change.

With regard to the BMDL, because no UFs were applied, a cord BHg of 58 μ g/L will be predicted by a maternal BHg of ~ 35 μ g/L. Subsequent epidemiological findings on additional factors affecting this ratio could alter the maternal BHg associated with the BMDL of 1.0 μ g/kg bw /day.

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Supplemental Material, Table 1. Decision Factors Utilized in Risk Assessment for Methylmercury

| | Decision Factors U.S. NAS/NRC, | | | | |
|---------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| | 2000 | 2001 | 2002 | | |
| Biomarker used as index for BMDL, Uncertainty Factor (UF) utilized. | Utilized Faroes, New Zealand, Seychelles. Final value based on Faroes. Cord blood. µg/L. 58 µg/L in cord blood. UF ~ 10. 3.2 for toxicokinetics, 3.2 for toxicodynamics. | Utilized Faroes, New Zealand, Seychelles. Final value based on all three studies. Cord blood. µg/L. 58 µg/L in cord blood. UF ~ 10. 3.2 for toxicokinetics, 3.2 for toxicodynamics | Utilized Faroes, New Zealand, Seychelles. Final value based on Faroes and Seychelles Maternal Hair. µg/gm or ppm. 14 ppm maternal hair. 3.2 for individual variation x 2 for overall average interindividual variation. Total UF ~ 6.4. No toxicodynamic factor. | Utilized Faroe Islands and Seychelles. Final value based on Faroe Islands Cord blood µg/L. 58 µg/L in cord blood. UF ~ 10. 3.2 for toxicokinet ics, 3.2 for toxicodyna mics. | Utilized Seychelles study (Davidson et al., 1998) Maternal hair, 15.3 ppm. UF 4.5 |
| Limits of Exposure | Reference Dose, 0.1 µg/kgbw/day | Reference Dose, 0.1 µg/kgbw/day | Provisional Weekly Tolerable Intake 1.6 µg/kgbw/week (equal to 0.23 µg/kgbw/day). | No Observed Adverse Effect Level (NOAEL) 0.1 µg/kgbw/d ay | Minimum Risk Level (MRL) 0.3 µg/kgbw/day |

 $\underline{Supplemental\ Material,\ Table\ 2.\ Blood\ total\ mercury\ (\mu g/L),\ women\ 16-49\ years,\ by\ Census\ Region.\ NHANES\ 1999-2004.}$

| | | Geo. | | | Arith. | | | | | P | ercentile | s | | |
|---------------|-------|------|------|------|--------|------|------|-----|------|------|-----------|------|------|------|
| | N | Mean | 95% | 6 CI | Mean | 95% | 6 CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Total | 5,365 | 0.89 | 0.82 | 0.96 | 1.59 | 1.41 | 1.76 | 0.1 | 0.2 | 0.4 | 0.9 | 1.7 | 3.6 | 5.4 |
| Census Region | | | | | | | | | | | | | | |
| Midwest | 937 | 0.66 | 0.58 | 0.74 | 0.99 | 0.87 | 1.11 | 0.1 | 0.2 | 0.4 | 0.7 | 1.2 | 2.1 | 2.7 |
| Northeast | 820 | 1.14 | 0.84 | 1.56 | 2.21 | 1.52 | 2.91 | 0.1 | 0.2 | 0.6 | 1.1 | 2.6 | 5.2 | 8.2 |
| South | 2,114 | 0.90 | 0.80 | 1.02 | 1.64 | 1.40 | 1.87 | 0.1 | 0.2 | 0.5 | 0.9 | 1.7 | 3.7 | 5.5 |
| West | 1,494 | 0.95 | 0.82 | 1.09 | 1.61 | 1.39 | 1.83 | 0.1 | 0.2 | 0.5 | 1.0 | 1.9 | 3.6 | 5.7 |

Supplemental Material, Table 3. Estimated 30-day mercury intake (µg Hg/kg_{bw}), women 16-49 years, by Census Region. NHANES 1999-2004.

| | | Arith. | | | | | P | ercentil | es | | |
|---------------|-------|--------|------|------|------|------|------|----------|------|------|------|
| | N | Mean | 95% | 6 CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Total | 5,315 | 0.67 | 0.62 | 0.73 | 0.00 | 0.00 | 0.07 | 0.36 | 0.81 | 1.57 | 2.31 |
| Census Region | | | | | | | | | | | |
| Midwest | 937 | 0.48 | 0.43 | 0.52 | 0.00 | 0.00 | 0.05 | 0.31 | 0.66 | 1.15 | 1.53 |
| Northeast | 822 | 0.87 | 0.67 | 1.07 | 0.00 | 0.00 | 0.04 | 0.45 | 1.14 | 2.23 | 3.38 |
| South | 2,105 | 0.69 | 0.61 | 0.78 | 0.00 | 0.00 | 0.08 | 0.37 | 0.81 | 1.67 | 2.38 |
| West | 1,451 | 0.68 | 0.57 | 0.79 | 0.00 | 0.00 | 0.08 | 0.36 | 0.80 | 1.47 | 2.26 |

 $\underline{Supplemental\ Material,\ Table\ 4.\ Blood\ total\ mercury\ (\mu g/L),\ women\ 16-49\ years,\ by\ inland\ region\ and\ coast.\ \ \underline{NHANES}\ 1999-2004.$

| | | Geo. | | | Arith. | | | | | P | ercentil | es | | |
|----------------|-------|------|------|------|--------|------|------|------|------|------|----------|------|------|------|
| | | Mean | 959 | % CI | Mean | 95% | % CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Total | 5,365 | 0.89 | 0.82 | 0.96 | 1.59 | 1.41 | 1.76 | 0.14 | 0.20 | 0.40 | 0.90 | 1.70 | 3.60 | 5.40 |
| Region/Coast | | | | | | | | | | | | | | |
| Atlantic | 885 | 1.55 | 1.32 | 1.81 | 2.83 | 2.42 | 3.24 | 0.20 | 0.40 | 0.70 | 1.60 | 3.40 | 7.00 | 10.9 |
| Pacific | 974 | 1.18 | 1.04 | 1.35 | 1.98 | 1.72 | 2.23 | 0.14 | 0.30 | 0.60 | 1.20 | 2.40 | 4.50 | 6.80 |
| N Gulf | 354 | 0.96 | 0.80 | 1.16 | 1.62 | 1.26 | 1.98 | 0.20 | 0.30 | 0.50 | 0.90 | 1.80 | 3.70 | 5.20 |
| Great Lakes | 390 | 0.80 | 0.68 | 0.94 | 1.07 | 0.91 | 1.23 | 0.20 | 0.30 | 0.50 | 0.90 | 1.40 | 2.00 | 2.60 |
| Northeast | 289 | 0.77 | 0.55 | 1.06 | 1.44 | 0.86 | 2.03 | 0.10 | 0.14 | 0.40 | 0.80 | 1.70 | 3.50 | 4.80 |
| South | 1,352 | 0.74 | 0.64 | 0.87 | 1.26 | 0.93 | 1.59 | 0.10 | 0.20 | 0.40 | 0.80 | 1.30 | 2.70 | 4.00 |
| West | 520 | 0.73 | 0.60 | 0.87 | 1.17 | 0.95 | 1.40 | 0.10 | 0.20 | 0.40 | 0.80 | 1.40 | 2.50 | 3.30 |
| Midwest | 601 | 0.63 | 0.56 | 0.70 | 0.98 | 0.84 | 1.13 | 0.10 | 0.20 | 0.30 | 0.70 | 1.20 | 2.20 | 3.00 |
| Coastal Status | | | | | | | | | | | | | | |
| Coastal | 2,603 | 1.19 | 1.07 | 1.34 | 2.11 | 1.82 | 2.40 | 0.20 | 0.30 | 0.60 | 1.20 | 2.40 | 4.90 | 7.20 |
| Non-coastal | 2,762 | 0.71 | 0.64 | 0.78 | 1.19 | 1.02 | 1.37 | 0.10 | 0.20 | 0.40 | 0.70 | 1.30 | 2.50 | 3.80 |

Supplemental Material, Table 5. Estimated 30-day mercury intake (μg Hg/kg_{bw}), women 16-49 years, by inland region and coast. NHANES 1999-2004.

| | | Arith. | | | | | | P | ercentil | es | | |
|-----------------|-------|--------|------|------|------|------|------|------|----------|------|------|------|
| | | Mean | SE | 95% | 6 CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Total | 5,315 | 0.67 | 0.03 | 0.62 | 0.73 | 0.00 | 0.00 | 0.07 | 0.36 | 0.81 | 1.57 | 2.31 |
| Region | | | | | | | | | | | | |
| Great Lakes | 399 | 0.47 | 0.04 | 0.39 | 0.54 | 0.00 | 0.00 | 0.05 | 0.30 | 0.66 | 1.15 | 1.37 |
| M idwest | 593 | 0.50 | 0.03 | 0.44 | 0.55 | 0.00 | 0.00 | 0.05 | 0.32 | 0.67 | 1.20 | 1.56 |
| West | 515 | 0.59 | 0.05 | 0.49 | 0.68 | 0.00 | 0.00 | 0.11 | 0.37 | 0.80 | 1.35 | 1.99 |
| South | 1,365 | 0.62 | 0.06 | 0.50 | 0.74 | 0.00 | 0.00 | 0.07 | 0.34 | 0.75 | 1.24 | 2.03 |
| Northeast | 287 | 0.65 | 0.07 | 0.50 | 0.79 | 0.00 | 0.00 | 0.00 | 0.33 | 0.91 | 1.66 | 2.29 |
| Gulf | 333 | 0.69 | 0.05 | 0.59 | 0.79 | 0.00 | 0.00 | 0.08 | 0.38 | 0.87 | 1.82 | 2.63 |
| Pacific | 936 | 0.76 | 0.11 | 0.54 | 0.98 | 0.00 | 0.00 | 0.07 | 0.34 | 0.78 | 1.83 | 2.59 |
| Atlantic | 887 | 1.00 | 0.07 | 0.86 | 1.13 | 0.00 | 0.00 | 0.09 | 0.52 | 1.28 | 2.44 | 3.88 |
| Coastal Status | | | | | | | | | | | | |
| Coastal | 2,555 | 0.79 | 0.05 | 0.69 | 0.90 | 0.00 | 0.00 | 0.08 | 0.40 | 0.93 | 1.94 | 3.13 |
| Non-coastal | 2,760 | 0.59 | 0.03 | 0.53 | 0.64 | 0.00 | 0.00 | 0.06 | 0.35 | 0.75 | 1.30 | 1.98 |

Supplemental Material, Table 6. Blood total mercury (μg/L), women 16-49 years, by race/ethnicity and annual income. NHANES 1999-2004.

| | | | | | | | | | | | F | Percentile | es | | |
|------------------------|-------|--------------|------|------|----------------|------|------|------|------|------|------|------------|------|------|------|
| | | Geo. Mean | 95% | 6 CI | Arith. Mean | SE | 95% | 6 CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Total U.S. W 16-49 yrs | 5,365 | 0.89 | 0.82 | 0.96 | 1.59 | 0.09 | 1.41 | 1.76 | 0.14 | 0.2 | 0.4 | 0.9 | 1.7 | 3.6 | 5.4 |
| Race/Ethnicity | | | | | | | | | | | | | | | |
| Mexican American | 1,512 | 0.70 | 0.62 | 0.78 | 1.11 | 0.05 | 1.00 | 1.21 | ND | 0.2 | 0.4 | 0.7 | 1.3 | 2.2 | 3.3 |
| Other Hispanic | 285 | 0.97 | 0.77 | 1.23 | 1.78 | 0.32 | 1.14 | 2.42 | ND | 0.2 | 0.5 | 1.0 | 2.0 | 3.4 | 4.8 |
| Non-Hispanic White | 2,110 | 0.83 | 0.75 | 0.92 | 1.50 | 0.11 | 1.28 | 1.72 | ND | 0.2 | 0.4 | 0.8 | 1.6 | 3.4 | 5.4 |
| Non-Hispanic Black | 1,252 | 1.13 | 1.00 | 1.26 | 1.78 | 0.13 | 1.50 | 2.05 | 0.2 | 0.4 | 0.6 | 1.1 | 2.0 | 3.5 | 5.2 |
| Other Race | 206 | 1.45 | 1.16 | 1.81 | 2.79 | 0.29 | 2.21 | 3.37 | 0.2 | 0.4 | 0.6 | 1.5 | 3.8 | 6.5 | 8.9 |
| Annual Income | | | | | | | | | | | | | | | |
| \$0-9,999 | 430 | 0.69 | 0.58 | 0.82 | 1.13 | 0.14 | 0.85 | 1.41 | ND | 0.2 | 0.4 | 0.7 | 1.3 | 2.6 | 3.2 |
| \$10,000-19,999 | 774 | 0.72 | 0.63 | 0.83 | 1.26 | 0.16 | 0.94 | 1.57 | 0.14 | 0.2 | 0.4 | 0.7 | 1.3 | 2.5 | 3.6 |
| \$20,000-34,999 | 1,020 | 0.80 | 0.71 | 0.91 | 1.41 | 0.12 | 1.17 | 1.65 | ND | 0.2 | 0.4 | 0.8 | 1.6 | 2.8 | 4.1 |
| \$35,000-54,999 | 916 | 0.86 | 0.75 | 0.98 | 1.54 | 0.13 | 1.27 | 1.80 | 0.14 | 0.2 | 0.5 | 0.8 | 1.7 | 3.3 | 5.9 |
| \$55,000-74,999 | 595 | 0.91 | 0.78 | 1.06 | 1.63 | 0.15 | 1.33 | 1.94 | 0.14 | 0.2 | 0.4 | 0.9 | 1.7 | 3.8 | 6.2 |
| \$75,000+ | 1,028 | 1.12 | 1.00 | 1.26 | 1.94 | 0.15 | 1.65 | 2.24 | 0.14 | 0.3 | 0.6 | 1.1 | 2.3 | 4.7 | 6.8 |

Supplemental Material, Table 7. Reported frequency of consumption of fish/shellfish in 30-days, women 16-49 years, by race/ethnicity and annual income. NHANES 1999-2004.

| | | Arith. | | | | | | P | ercenti | les | | |
|--------------------|-------|--------|-----|------|------|-----|------|------|---------|------|------|------|
| | N | Mean | SE | 959 | 6CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Total | 5,388 | 4.57 | 0.2 | 4.25 | 4.88 | 0.0 | 0.0 | 1.0 | 3.0 | 6.0 | 11.0 | 15.0 |
| Race/Ethnicity | | | | | | | | | | | | |
| Mexican American | 1,495 | 2.88 | 0.1 | 2.61 | 3.15 | 0.0 | 0.0 | 1.0 | 2.0 | 4.0 | 7.0 | 9.0 |
| Other Hispanic | 287 | 4.06 | 0.5 | 3.10 | 5.02 | 0.0 | 0.0 | 1.0 | 2.0 | 5.0 | 10.0 | 13.0 |
| Non-Hispanic White | 2,129 | 4.43 | 0.2 | 4.04 | 4.83 | 0.0 | 0.0 | 1.0 | 3.0 | 6.0 | 11.0 | 14.0 |
| Non-Hispanic Black | 1,263 | 5.24 | 0.3 | 4.73 | 5.75 | 0.0 | 0.0 | 1.0 | 3.0 | 6.0 | 12.0 | 17.0 |
| Other Race | 214 | 8.17 | 1.4 | 5.40 | 11.0 | 0.0 | 0.0 | 1.0 | 4.0 | 10.0 | 18.0 | 25.0 |
| Annual Income | | | | | | | | | | | | |
| \$0-9,999 | 426 | 3.65 | 0.5 | 2.61 | 4.70 | 0.0 | 0.0 | 0.0 | 2.0 | 4.0 | 11.0 | 16.0 |
| \$10,000-19,999 | 756 | 3.79 | 0.3 | 3.25 | 4.34 | 0.0 | 0.0 | 1.0 | 2.0 | 5.0 | 9.0 | 12.0 |
| \$20,000-34,999 | 1,025 | 4.13 | 0.3 | 3.59 | 4.66 | 0.0 | 0.0 | 1.0 | 2.0 | 5.0 | 10.0 | 15.0 |
| \$35,000-54,999 | 938 | 4.33 | 0.3 | 3.76 | 4.90 | 0.0 | 0.0 | 1.0 | 3.0 | 6.0 | 10.0 | 15.0 |
| \$55,000-74,999 | 598 | 5.33 | 0.5 | 4.25 | 6.41 | 0.0 | 0.0 | 1.0 | 3.0 | 7.0 | 12.0 | 15.0 |
| \$75,000+ | 1,032 | 5.23 | 0.2 | 4.74 | 5.71 | 0.0 | 0.0 | 1.0 | 3.0 | 7.0 | 12.0 | 15.0 |

Supplemental Material, Table 8. Estimated 30-day mercury intake (µg Hg/kg_{bw}), women 16-49 years, by race-ethnicity and annual income. NHANES 1999-2004.

| | | Arith. | | | | | F | ercentile | es | | |
|--------------------|-------|--------|------|-----------|------|------|------|-----------|------|------|------|
| | N | Mean | SE | 95% CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Total | 5,315 | 0.67 | 0.03 | 0.62 0.73 | 0.00 | 0.00 | 0.07 | 0.36 | 0.81 | 1.57 | 2.31 |
| Race/Ethnicity | | | | | | | | | | | |
| Mexican American | 1,485 | 0.42 | 0.02 | 0.38 0.47 | 0.00 | 0.00 | 0.02 | 0.22 | 0.55 | 0.98 | 1.41 |
| Other Hispanic | 283 | 0.59 | 0.07 | 0.45 0.74 | 0.00 | 0.00 | 0.04 | 0.25 | 0.74 | 1.70 | 2.40 |
| Non-Hispanic White | 2,101 | 0.68 | 0.04 | 0.60 0.76 | 0.00 | 0.00 | 0.06 | 0.38 | 0.82 | 1.59 | 2.39 |
| Non-Hispanic Black | 1,239 | 0.65 | 0.03 | 0.59 0.71 | 0.00 | 0.00 | 0.14 | 0.40 | 0.84 | 1.49 | 2.17 |
| Other Race | 207 | 1.21 | 0.26 | 0.69 1.73 | 0.00 | 0.00 | 0.14 | 0.60 | 1.28 | 2.24 | 4.67 |
| Annual Income | | | | | | | | | | | |
| \$0-9,999 | 420 | 0.58 | 0.12 | 0.34 0.82 | 0.00 | 0.00 | 0.00 | 0.23 | 0.61 | 1.39 | 2.41 |
| \$10,000-19,999 | 746 | 0.53 | 0.04 | 0.46 0.61 | 0.00 | 0.00 | 0.09 | 0.33 | 0.70 | 1.32 | 1.86 |
| \$20,000-34,999 | 1,008 | 0.61 | 0.04 | 0.52 0.70 | 0.00 | 0.00 | 0.05 | 0.34 | 0.75 | 1.24 | 2.32 |
| \$35,000-54,999 | 918 | 0.66 | 0.05 | 0.55 0.77 | 0.00 | 0.00 | 0.06 | 0.34 | 0.76 | 1.66 | 2.63 |
| \$55,000-74,999 | 595 | 0.75 | 0.10 | 0.54 0.95 | 0.00 | 0.00 | 0.10 | 0.44 | 0.90 | 1.57 | 2.38 |
| \$75,000+ | 1,024 | 0.78 | 0.05 | 0.67 0.88 | 0.00 | 0.00 | 0.12 | 0.43 | 0.93 | 1.79 | 2.41 |

Supplemental Material, Table 9. Blood total mercury (μ g/L), estimated fish/shellfish consumed in 30-days (g), estimated intake of mercury in 30-days (μ g Hg), and estimated intake of mercury normed to body weight in 30-days (μ g Hg/kg bw), women 16-49 years, by NHANES study years. NHANES 1999-2004.

| - | • | | Geo | | | | | P | ercenti | les | | |
|------------------------|------------|-------|-------|------|------|------|------|------|---------|------|------|-------|
| | | N | Mean | 95% | 6 CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Blood Total Mercury | (µg/L) | | | | | | | | | | | |
| | 1999-2000 | 1,709 | 1.02 | 0.82 | 1.27 | 0.10 | 0.20 | 0.50 | 1.00 | 2.10 | 4.90 | 7.20 |
| | 2001-2002 | 1,928 | 0.83 | 0.74 | 0.94 | 0.10 | 0.20 | 0.40 | 0.80 | 1.70 | 3.10 | 4.60 |
| | 2003-2004 | 1,728 | 0.83 | 0.72 | 0.94 | 0.14 | 0.20 | 0.40 | 0.80 | 1.60 | 3.10 | 4.40 |
| | | | Arith | | | | | P | ercenti | les | | |
| | | N | Mean | 95% | 6 CI | 5th | 10th | 25th | 50th | 75th | 90th | 95th |
| Est. g fish consumed | in 30-days | | | | | | | | | | | |
| | 1999-2000 | 1,732 | 310 | 265 | 355 | 0.0 | 0.0 | 45.2 | 180 | 403 | 750 | 1,114 |
| | 2001-2002 | 1,934 | 346 | 314 | 377 | 0.0 | 0.0 | 69.3 | 203 | 424 | 777 | 1,115 |
| | 2003-2004 | 1,722 | 307 | 269 | 344 | 0.0 | 0.0 | 52.5 | 196 | 448 | 756 | 974 |
| Est. intake of µg Hg | | | | | | | | | | | | |
| | 1999-2000 | 1,732 | 48.9 | 40.0 | 57.8 | 0.0 | 0.0 | 2.86 | 22.8 | 56.0 | 121 | 202 |
| | 2001-2002 | 1,934 | 50.2 | 43.5 | 56.9 | 0.0 | 0.0 | 10.1 | 27.6 | 59.2 | 108 | 166 |
| | 2003-2004 | 1,722 | 40.7 | 35.6 | 45.8 | 0.0 | 0.0 | 3.14 | 25.6 | 56.6 | 105 | 135 |
| Est. intake of µg Hg / | kg bw | | | | | | | | | | | |
| | 1999-2000 | 1,724 | 0.71 | 0.56 | 0.86 | 0.00 | 0.00 | 0.05 | 0.33 | 0.77 | 1.72 | 2.86 |
| | 2001-2002 | 1,889 | 0.72 | 0.62 | 0.82 | 0.00 | 0.00 | 0.12 | 0.40 | 0.86 | 1.57 | 2.35 |
| | 2003-2004 | 1,702 | 0.58 | 0.50 | 0.66 | 0.00 | 0.00 | 0.04 | 0.35 | 0.81 | 1.40 | 2.01 |

Supplemental Material, Table 10. Percent of women 16-49 years old with blood total mercury values over thresholds, by study year. NHANES 1999-2004.

| | <3.5 1 | ug/L | 3.5-<5 | 5.8 ug/L | >=5.8 | 3 ug/L |
|-----------|--------|------|--------|----------|-------|--------|
| | % | SE | % | SE | % | SE |
| 1999-2000 | 85.6 | 2.7 | 7.5 | 1.4 | 6.9 | 1.6 |
| 2001-2002 | 92.3 | 0.9 | 4.1 | 0.6 | 3.7 | 0.8 |
| 2003-2004 | 92.5 | 1.1 | 5 | 0.9 | 2.4 | 0.8 |

Supplemental Material, Table 11. Multiple regression results for dependent variable Blood Total Mercury ($\mu g/L$), log scale. Estimated regression coefficients.

| | Datiments. | | | |
|-------------------------------------------------------------------------------------|------------|-------|---------|---------|
| | Estimate | Error | t Value | Pr > t |
| Intercept | -0.985 | 0.065 | -15.26 | <.0001 |
| Race/Ethnicity | | | | |
| Other Race | 0.314 | 0.094 | 3.34 | 0.0017 |
| Non-Hispanic Black | 0.224 | 0.042 | 5.3 | <.0001 |
| Other Hispanic | 0.136 | 0.088 | 1.53 | 0.1325 |
| Non-Hispanic White | 0.000 | 0.000 | • | |
| Mexican American | -0.040 | 0.049 | -0.82 | 0.4191 |
| Age | 0.019 | 0.001 | 17.52 | <.0001 |
| Est. 30-day mercury intake (µg Hg/kg _{bw}) | 0.327 | 0.038 | 8.54 | <.0001 |
| Data Release | | | | |
| 1999-2000 | 0.421 | 0.040 | 10.58 | <.0001 |
| 2003-2004 | 0.000 | 0.000 | • | |
| 2001-2002 | -0.267 | 0.093 | -2.89 | 0.006 |
| Inland Region/Coastal Area | | | | |
| Atlantic | 0.351 | 0.089 | 3.95 | 0.0003 |
| Pacific | 0.269 | 0.041 | 6.59 | <.0001 |
| Gulf | 0.166 | 0.036 | 4.65 | <.0001 |
| West | 0.000 | 0.000 | | |
| Great Lakes | 0.000 | 0.069 | -0.01 | 0.9953 |
| South | -0.213 | 0.115 | -1.86 | 0.0697 |
| Midwest | -0.377 | 0.073 | -5.13 | <.0001 |
| Northeast | -0.472 | 0.042 | -11.22 | <.0001 |
| Annual Income | | | | |
| \$75,000+ | 0.000 | 0.000 | | |
| \$55,000-74,999 | -0.079 | 0.051 | -1.55 | 0.1293 |
| \$35,000-54,999 | -0.112 | 0.037 | -3.05 | 0.0038 |
| \$20,000-34,999 | -0.157 | 0.041 | -3.79 | 0.0005 |
| \$0-9,999 | -0.198 | 0.057 | -3.5 | 0.0011 |
| \$10,000-19,999 | -0.211 | 0.052 | -4.06 | 0.0002 |
| Interaction Inland Region/Coastal Area*Data Release (comparison 2003-2004 and West) | | | | |
| Northeast 2001-2002 | 0.988 | 0.139 | 7.13 | <.0001 |
| South 2001-2002 | 0.461 | 0.143 | 3.22 | 0.0024 |
| Atlantic 2001-2002 | 0.322 | 0.134 | 2.4 | 0.0206 |
| Midwest 2001-2002 | 0.306 | 0.174 | 1.76 | 0.0849 |
| Gulf of Mexico 2001-2002 | 0.134 | 0.111 | 1.21 | 0.2326 |
| Pacific 2001-2002 | 0.114 | 0.112 | 1.02 | 0.3152 |
| Pacific 1999-2000 | -0.117 | 0.092 | -1.26 | 0.2131 |
| South 1999-2000 | -0.197 | 0.134 | -1.47 | 0.149 |
| Midwest 1999-2000 | -0.232 | 0.124 | -1.87 | 0.0676 |
| Atlantic 1999-2000 | -0.250 | 0.105 | -2.38 | 0.0217 |
| Northeast 1999-2000 | -0.279 | 0.079 | -3.56 | 0.0009 |
| Gulf of Mexico 1999-2000 | -0.335 | 0.061 | -5.51 | <.0001 |
| Great Lakes 1999-2000 | -0.661 | 0.125 | -5.3 | <.0001 |

NOTE: N=4,507; R2=0.27

Supplemental Material, Table 12. Summary of mercury concentrations in fish species

(µg Hg/g fresh weight).

| E'd Consider | Average | S |
|------------------------------------------------------|----------------|------------------------------------------------------------|
| Fish Species | (μg Hg/g) | Source (1007) |
| Sharks | 1.327 | U.S.EPA Mercury study (1997) |
| Swordfish | 0.95 | U.S.EPA Mercury study (1997) |
| Porgy | 0.522 | NMFS Report (1978) |
| Walleye | 0.52 | U.S.EPA (1992), Bahnick et al. (1994) |
| Tuna, fresh | 0.41 | U.S. FDA (2006) ^c , Dabeka et al (2004) |
| Bass, Freshwater | 0.38 | U.S.EPA (1992), Bahnick et al. (1994) |
| Northern Pike | 0.31 | U.S.EPA (1992), Bahnick et al. (1994) |
| Halibut | 0.25 | U.S.EPA Mercury study (1997) |
| Snapper | 0.25 | U.S.EPA Mercury study (1997) |
| Lobster | 0.232 | U.S.EPA Mercury study (1997) |
| Tuna, not specified ^a | 0.22 | U.S. FDA (2006), Dabeka et al (2004) |
| Tuna, canned | 0.20 | U.S. FDA (2006), Dabeka et al (2004) |
| Skate | 0.176 | NMFS Report (1978) |
| Catfish, Channel and Flathead | 0.16 | U.S.EPA (1992), Bahnick et al. (1994) |
| Pollock | 0.15 | U.S.EPA Mercury study (1997) |
| Trout | 0.149 | U.S.EPA Mercury study (1997) |
| Brown Trout | 0.14 | U.S.EPA (1992), Bahnick et al. (1994) |
| Sea Bass | 0.135 | NMFS Report (1978) |
| Croaker | 0.125 | U.S.EPA Mercury study (1997) |
| Cod | 0.121 | U.S.EPA Mercury study (1997) |
| Crab | 0.117 | U.S.EPA Mercury study (1997) |
| Perch, Ocean | 0.116 | U.S.EPA Mercury study (1997) |
| Carp | 0.11 | U.S.EPA (1992), Bahnick et al. (1994) |
| Perch, White and Yellow | 0.11 | U.S.EPA Mercury study (1997) |
| Pompano | 0.104 | U.S.EPA Mercury study (1997) |
| Sardines | 0.1 | NMFS Report (1978) |
| Smelt | 0.1 | U.S.EPA Mercury study (1997) |
| Carp, Common | 0.093 | U.S.EPA Mercury study (1997) |
| Flounders | 0.092 | U.S.EPA Mercury study (1997) |
| Haddock | 0.089 | U.S.EPA Mercury study (1997) |
| Catfish (channel, large mouth, rock, striped, white) | 0.088 | U.S.EPA Mercury study (1997) |
| Mackerel (not King Mackerel) | 0.081 | U.S.EPA Mercury study (1997) |
| Crab, King | 0.07 | U.S.EPA Mercury study (1997) |
| Anchovy | 0.047 | U.S.EPA Mercury study (1997) |
| Shrimp | 0.047 | U.S.EPA Mercury study (1997) |
| Scallops | 0.042 | U.S.EPA Mercury study (1997) |
| Whiting (silver hake) | 0.041 | NMFS Report (1978) |
| Salmon | 0.035 | U.S.EPA Mercury study (1997) |
| Crayfish | 0.033 | U.S.FDA (2006) |
| Octopus. | 0.029 | U.S.EPA Mercury study (1997) |
| Squid | 0.029 | U.S.EPA Mercury study (1997) |
| Clams | 0.020 | U.S.EPA Mercury study (1997) |
| | 0.023 | U.S.EPA Mercury study (1997) U.S.EPA Mercury study (1997) |
| Oysters | | |
| Abalone | 0.016 | U.S.EPA Mercury study (1997) |
| Herring Mullet | 0.013 0.009 | U.S.EPA Mercury study (1997) U.S.EPA Mercury study (1997) |
| | | I N HPA Marchry chidy (TUU') |

FDA, 2006. Mercury Levels in Commercial Fish and Shellfish. http://www.cfsan.fda.gov/~frf/sea-mehg.html.Dabeka, R., McKenzie, A.D., Forsyth, D.S., Conacher, H.B.S. 2004. Survey of Total Mercury in Some Edible Fish and Shellfish Species Collected in Canada in 2002. Food Additives and Contaminants. 21(5):434-440.

Supplemental Material, Table 13. List of counties comprising coastal regions

| | | unties comprising coastal regions | Omanti aliaa |
|----------------------|---------------------|-----------------------------------|-----------------|
| Atlantic Ocean | Gulf of Mexico | Pacific Ocean | Great Lakes |
| Connecticut | Alabama | Alaska | Michigan |
| Fairfield County | Baldwin County | (Includes Arctic Ocean coast) | Keweenaw |
| Hartford County | Mobile County | Aleutians East Borough | Gogebic |
| Middlesex County | | Aleutians West | Ontonagon |
| New Haven County | Florida | Anchorage Borough | Houghton |
| New London County | Alachua County | Bethel | Baraga |
| Tolland County | Bay County | Bristol Bay Borough | Marquette |
| Windham County | Calhoun County | City & Borough of Juneau | Alger |
| | Charlotte County | City & Borough of Sitka | Luce |
| Delaware | Citrus County | Dillingham | Chippewa |
| (Entire state) | Collier County | Haines Borough | Mackinac |
| Kent County | Columbia County | Kenai Peninsula Borough | Schoolcraft |
| New Castle County | DeSoto County | Ketchikan Gateway Borough | Delta |
| Sussex County | Dixie County | Kodiak Island Borough | Menominee |
| | Escambia County | Lake And Peninsula Borough | Berrien |
| District Of Columbia | Franklin County | Nome | Van Buren |
| District Of Columbia | Gadsden County | North Slope Borough | Allegan |
| | Gilchrist County | Northwest Arctic Borough | Ottawa |
| Florida | Glades County | Prince of Wales-Outer Ketchikan | Muskegon |
| Baker County | Gulf County | Skagway-Hoonah-Angoon | Oceana |
| Bradford County | Hamilton County | Valdez-Cordova | Mason |
| Brevard County | Hardee County | Wade Hampton | Manistee |
| Broward County | Hendry County | Wrangell-Petersburg | Benzie |
| Clay County | Hernando County | Yakutat | Leelanau |
| Duval County/ | | | |
| City of Jacksonville | Highlands County | | Chrand Traverse |
| Flagler County | Hillsborough County | California | Antrim |
| Indian River County | Holmes County | Alameda County | Charlevoix |
| Lake County | Jackson County | Contra Costa County | Emmet |
| Martin County | Jefferson County | Del Norte County | Cheboygan |
| Miami-Dade County | Lafayette County | Humboldt County | Presque Isle |
| Nassau County | Lee County | Los Angeles County | Alpena |
| Okeechobee County | Leon County | Marin County | Alcona |
| Orange County | Levy County | Mendocino County | losco |
| Osceola County | Liberty County | Monterey County | Arenac |
| Palm Beach County | Madison County | Napa County | Bay |
| Putnam County | Manatee County | Orange County | Tuscola |
| Seminole County | Marion County | San Diego County | Huron |
| St. Johns County | Monroe County | San Francisco City & County | Sanilac |
| St. Lucie County | Okaloosa County | San Luis Obispo County | St. Clair |
| Union County | Pasco County | San Mateo County | Macomb |
| Volusia County | Pinellas County | Santa Barbara County | Wayne |
| | Polk County | Santa Clara County | Monroe |
| Georgia | Santa Rosa County | Santa Cruz County | Genesee |
| Bryan County | Sarasota County | Solano County | Lapeer |
| Camden County | Sumter County | Sonoma County | Oakland |

Supplemental Material, Table 13. List of counties comprising coastal regions (continued)

| Supplemental Material, Table 13. List of counties comprising coastal regions (continued) | | | | |
|------------------------------------------------------------------------------------------|--------------------------------------------|--------------------------|-------------|--|
| Atlantic Ocean | Gulf of Mexico | Pacific Ocean | Great Lakes | |
| Chatham County | Suwanee County | Ventura County | Washtenaw | |
| Glynn County | Taylor County | | Saginaw | |
| Liberty County | Wakulla County | Hawaii | Kalkaska | |
| McIntosh County | Walton County | (Entire state) | Midland | |
| | Washington County | Hawaii County | Gladwin | |
| Maine | | Honolulu City and County | | |
| Androscoggin County | Louisiana | Kalawao | Wisconsin | |
| Cumberland County | Assumption Parish | Kauai County | Douglas | |
| Hancock County | Cameron Parish | Maui County | Bayfield | |
| Kennebec County | Iberia Parish | Midway Islands | Ashland | |
| Knox County | Jefferson Parish Lafayette Consolidated | | Iron | |
| Lincoln County | Government | Oregon | Marinette | |
| Sagadahoc County | Lafourche Parish | Clatsop County | Oconto | |
| Waldo County | Livingston Parish | Columbia County | Door | |
| Washington County | Orleans Parish | Coos County | Brown | |
| York County | Plaquemines Parish | Curry County | Kewaunee | |
| | St. Bernard Parish | Douglas County | Manitowoc | |
| Maryland | St. Charles Parish | Lane County | Sheboygan | |
| Anne Arundel County | St. James Parish | Lincoln County | Ozaukee | |
| Baltimore City | St. John The Baptist Parish | Multnomah County | Milwaukee | |
| Baltimore County | St. Mary Parish | Tillamook County | Racine | |
| Calvert County | St. Tammany Parish | Washington County | Kenosha | |
| Caroline County | Tangipahoa Parish | | Waukesha | |
| Cecil County | Terrebonne Parish | Washington | Washington | |
| Charles County | Vermilion Parish | Clallam County | Calumet | |
| Dorchester County | | Clark County | | |
| Harford County | Mississippi | Cowlitz County | Ohio | |
| Howard County | Hancock County | Grays Harbor County | Lucas | |
| Kent County | Harrison County | Island County | Ottawa | |
| Montgomery County | Jackson County | Jefferson County | Erie | |
| Prince George's County | | King County | Lorain | |
| Queen Anne's County | Texas | Kitsap County | Cuyahoga | |
| Somerset County | Aransas County | Mason County | Lake | |
| St. Mary's County | Brazoria County | Pacific County | Ashtabula | |
| Talbot County | Calhoun County | Pierce County | Geauga | |
| Wicomico County | Cameron County | San Juan County | Summit | |
| Worcester County | Chambers County | Skagit County | Medina | |
| | Galveston County | Snohomish County | Sandusky | |
| Massachusetts | Harris County | Thurston County | Wood | |
| Barnstable County | Jackson County | Wahkiakum County | Huron | |
| Bristol County | Jefferson County | Whatcom County | Seneca | |
| Dukes County | Kenedy County | | | |
| Essex County | Kleberg County | | New York | |
| Middlesex County | Matagorda County | | Chautauqua | |
| Nantucket County | Nueces County | | Erie | |

Supplemental Material, Table 13. List of counties comprising coastal regions (continued)

| Supplemental Material, Table 13. | | |
|----------------------------------|---------------------|--------------|
| Atlantic Ocean | Gulf of Mexico | Great Lakes |
| Norfolk County | Orange County | Niagara |
| Plymouth County | Refugio County | Orleans |
| Suffolk County | San Patricio County | Monroe |
| | Victoria County | Wayne |
| New Hampshire | Willacy County | Cayuga |
| Rockingham County | | Oswego |
| Strafford County | | Jefferson |
| | | Livingston |
| New Jersey | | Genesee |
| Atlantic County | | Ontario |
| Bergen County | | Seneca |
| Burlington County | | Onondaga |
| Camden County | | Cattaraugus |
| Cape May County | | Wyoming |
| Cumberland County | | |
| Essex County | | Minnesota |
| Glouchester County | | Cook |
| Hudson County | | Lake |
| Middlesex County | | St. Louis |
| Monmouth County | | Carlton |
| Ocean County | | |
| Passaic County | | Indiana |
| Salem County | | Lake |
| Union County | | Porter |
| · | | LaPorte |
| New York | | |
| Bronx County | | Illinois |
| Kings County (Brooklyn) | | Lake |
| Nassau County | | Cook |
| New York City (all 5 boroughs) | | DuPage |
| New York County (Manhattan) | | McHenry |
| Queens County | | Kane |
| Richmond County (Staten Island) | | Will |
| Rockland County | | |
| Suffolk County | | Pennsylvania |
| Westchester County | | Erie |
| | | Crawford |
| North Carolina | | |
| Beaufort County | | |
| Bertie County | | |
| Brunswick County | | |
| Camden County | | |
| Carteret County | | |
| Chowan County | | |
| Craven County | | |
| Currituck County | | |

Supplemental Material, Table 13. List of counties comprising coastal regions (continued)

| Supplemental Material | Table 13. List of counties comp |
|-----------------------|---------------------------------|
| Atlantic Ocean | Atlantic Ocean(continued) |
| Dare County | Virginia (continued) |
| Hyde County | Henrico County |
| Jones County | Isle of Wight County |
| New Hanover County | James City County |
| Onslow County | King and Queen County |
| Pamlico County | King George County |
| Pasquotank County | Lancaster County |
| Pender County | Manassas City |
| Perquimans County | Manassas Park City |
| Tyrrell County | Matthews County |
| Washington County | Middlesex County |
| | New Kent County |
| Pennsylvania | Newport News City |
| Delaware County | Norfolk City |
| Montgomery County | Northampton County |
| Philadelphia County | Northumberland County |
| | Poquoson City |
| Rhode Island | Portsmouth City |
| (Entire state) | Prince William County |
| Bristol County | Richmond City |
| Kent County | Richmond County |
| Newport County | Stafford County |
| Providence County | Suffolk City |
| Washington County | Surry County |
| | Virginia Beach City |
| South Carolina | Westmoreland County |
| Beaufort County | Williamsburg City |
| Berkeley County | York County |
| Charleston County | |
| Colleton County | |
| Georgetown County | |
| Horry County | |
| Jasper County | |
| Virginia | |
| Accomack County | |
| Alexandria City | |
| Arlington County | |
| Charles City County | |
| Chesapeake City | |
| Clifton Forge City | |
| Essex County | |
| Fairfax City | |
| Fairfax County | |
| Falls Church City | |
| Gloucester County | |
| Hampton City | |
| | |